

Announcing the Dalai Lama Essay Contest

Held in conjunction with the upcoming visit of His Holiness the Dalai Lama to Chicago to give a public talk on April 26, 2012, at Loyola University Chicago

Contest open to all 11th-grade students in Illinois

Essay topic: How can an attitude of non-violence counteract the prevalence of violence in our families, in our communities, and in international relations; and how can we as individuals cultivate and promote such an attitude?

This essay question was selected by His Holiness the Dalai Lama.

Three winners will each receive a \$1000 prize and 5 tickets to TIBETcenter's program with the Dalai Lama at Loyola University Chicago. The school principal will also be an invited guest, and winners will have the honor of reading their essays as part of the program. Additionally, each winner will have the opportunity to ask the Dalai Lama a question after the Public Talk.

Deadline for essay submissions: **January 31, 2012**

Submissions must be sent by email to DalaiLamaEssay@gmail.com

Essays must be the original work of the student and will be judged on creativity, clarity, and appropriateness to the essay topic. Winning essays will be selected from among all entries received by the deadline, with no more than one winner per high school. Winners must grant permission for later publication of their essays online or in print. Names of winners and their schools will be posted at <http://www.TIBETcenterchicago.org/>.

Include at the top of the essay: name, email address, grade in school, name of high school, and an essay title. The essay itself is limited to **700 words**. Preferred format is as a pdf file. After you submit, you will receive an email reply to verify that your submission was received.

The Dalai Lama's visit and essay contest is sponsored by **TIBETcenter** — www.TIBETcenterchicago.org/ — a not-for-profit Tibetan art and cultural organization that sponsors lectures, workshops, classes, demonstrations of Tibetan arts and crafts, performances, and events to educate the public about the ancient culture of Tibet. These programs involve visiting Lamas, monks, nuns, traditional Tibetan doctors and astrologers, artisans, craftsmen, performers, and Tibetologists. The art and cultural programs are partially funded by the Illinois Arts Council, TIBETgift, and others. An effective way to support TIBETcenter and create awareness of Tibetan art and culture is to visit TIBETgift, 828 Dempster St., Evanston IL 60202 (847/492-0809).

